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APPOMATTOX, VIRGINIA
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Editorial

FOR COUNTIES

the five or six bills under consideration, it is believed that the General Assembly will select some acceptable plan for the State to aid the counties in paying costs of school transportation. Both Senator Moses and Delegate Boatwright are squarely behind the effort to take part of transportation costs fro. the county taxpayers, and Appomattox people may rest assured that everything is being done to see that this necessary but costly budget item is shared by the State.

repeatedly pointed out that the consolidated rural school cannot keep pace with the city school when one-fourth to one-fifth of all county school funds are consumed by an item of transportation not in the city school budget.

It seems that a fair bill would be to provide for state aid on a basis of so much aid per pupil per mile transported. However, it can be stated that the majority sentiment of the legislature is to "do something" about the transportation problem of the county schools at this session.

DOING HER PART

We believe that history will show that there is no basis of fact behind the oft-heard allegation that England is not doing her part in the present war. Last year this time the rumor-spreaders were saying that England would fight "to the last Frenchman." Now they are saying that England is making her Dominions do the bulk of the fighting.

The facts show that England has already lost 130,000 men in this war, some 70,000 more than the Dominion casualty list.

England's forces have necessarily been spread "thin" and there has been no choice but a stage a slow defensive war until greater forces could be assembled.

A people of less stamina than the British would have knuckled long ago. For an incredible time they carried on virtually alone. They have added amazing chapters of valor to their brilliant past. If their prevalence as well as the British navy, the outcome is certain

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The "Sunday School Lesson" published each week in this newspaper has been adopted by thousands of church instructors throughout the United States as a regular part of their weekly work.

It is a review and exposition of the international lesson for each week, prepared by Dean Harold L. Lundquist of the Moody Bible Institute at Chicago, a recognized leader in the nation's church work. Dean Lundquist has been active in teaching youthful groups for years, thereby acquiring an insight into the needs of these people for understandable explanations of Bible passages.

In view of his accomplishments in church work, it is not surprising that Dean Lundquist's exposition of the weekly Sunday School lesson is being used in almost every community of the nation. As teacher or student you will find it extremely helpful.

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By REV. HAROLD L. LUNDQUIST
Dean of Faculty, Moody Bible Institute of Chicago.
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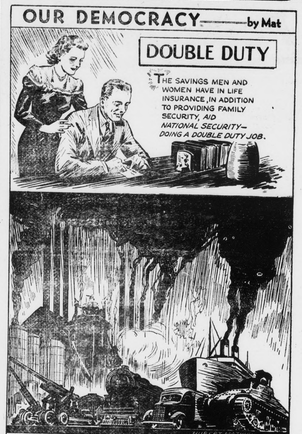
A regular feature of THIS PAPER

OUR DEMOCRACY — by Mat

"That love of freedom, that vigor, that fearlessness in the presence of sudden peril or foe which are the gift of the sea to its sons."
—CONSTANCE LINDSAY SKINNER.

U.S. NAVY ..... U.S. MARINE CORPS
SONS OF THE SEA OF A COUNTRY WHICH HAS NEVER LOST A WAR.

OUR DEMOCRACY — by Mat



MORE THAN 17 BILLION DOLLARS OF LIFE INSURANCE MONEY ARE ALREADY AT WORK IN THE "ARSENAL OF DEMOCRACY"—AND MORE AND MORE SECURITIES OF THE GOVERNMENT AND INDUSTRY ARE BEING PURCHASED DAILY.

CONVERSION OF THE AUTOMOBILE INDUSTRY

Ernest Kanzler, War Production Board official in charge of converting the automobile industry to war production, said the industry up to January 16 had orders for 8 billion dollars worth of guns, tanks, planes and other war materials. He said the industry's present employment of 500,000 workers may be doubled when peak war production is reached late this year. He said lack of machine tools is the present bottleneck in the conversion effort, but labor supply may be the next big problem.

SAVE YOUR TIRES!

Appomattox is a growing town.

FIRST AID FOR INFLUENZA

She knows what to do.

THE winter of 1940-41 saw the passing of a potentially dangerous influenza epidemic, which fortunately was of a mild type. But what about this winter? All the experts agree that we are in for another siege, and probably of a more serious sort.

Many laymen think they know the method to abort incipient influenza, and some even claim to know what to do to cure an attack and also avoid the ever-dreaded pneumonia, which may follow influenza.

Amateur medication is to be deplored, especially in so potentially dangerous a disease as influenza. But many laymen insist that what they urge has adequate medical support from Europe but many doctors here wilfully shut their eyes and ears. The laymen appear to be right judging by the record, for a booklet on "Influenza and Quinine" lists 36 specialists on this disease who have tried quinine and ought to know.

The burden of this opinion, which thousands of impotient laymen are trying for themselves, is that a daily dose of five grains of quinine will most likely prevent such influenza. Some industrial corporations make this obligatory for all employees and supply the quinine free. If quinine is taken from December to March influenza may well pass you by. An industrial doctor in Virginia reports a large reduction among 6500 employees who were given a daily dose of five grains of quinine.

This costs little and as one layman recently wrote to her newspaper, "My husband and I tried it when the winter came on and cannot even brag of a good head cold."

In This War Era
The Newspaper
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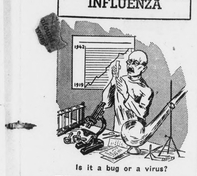
FIRST AID FOR INFLUENZA



Is it a bug or a virus?

EXPERTS still confound the public with their theories of the cause and cure of a disease that has taken a fearful toll of human life ever since it was first recognized.

Some claim that because it is often found with a rather common bacillus, this organism is the cause of it. Other, and perhaps more weighty experts, will have none of this explanation, but insist that influenza is caused by a filterable virus, — which doesn't help us much.

For a virus, especially the sorts that are not caught by a bacteriological filter, are pretty elusive things. Like a hormone or a vitamin, they seem to explain otherwise mysterious phenomena. Influenza virus has been isolated, and the essence or whatever the virus contains, is capable of giving influenza to a well person.

But the bald fact is that influenza spreads with alarming alacrity, once an epidemic gets under way. And this without benefit of an expertly isolated virus, but usually in spite of the nearly futile attempts to stop it.

Such an epidemic would be pretty hopeless were it not that the medical profession, especially in Germany and England, became convinced that nature had provided an answer. This is quinine, known the world over as a malaria remedy. But not enough doctors, and still less the general public, have ever heard that five grains a day,—a really trivial dosage—taken from November to March, will be efficacious in most cases. As one of the experts puts it quinine is a drug "in which a specific action can be perceived." Thousands have tried it, but millions still need to be reminded that, virus or no virus, no one should forget quinine when influenza is around.

Hixburg Dispatch

Hixburg, Feb. 3.- Rev. R. E. Redding filled his regular appointment here Sunday morning.

J. K. Marshall, of Newport News spent several days at home last week.

Mr. and Mrs. N. S. Topping recently visited Mr. and Mrs. Dabney Swan and family at Lovingston. Mr. and Mrs. Topping spent Sunday with Mrs. R. E. Young.

Mr. and Mrs. E. P. Sears and E. M. Sears called in the home of Mrs. Pearl Marshall Sunday. Miss Lavalette Sears spent the afternoon with Miss Barbara Hix.

Mrs. Colyer Parks, of Lynchburg and Mrs. F. C. Rogers, of Appomattox recently spent a day with Mrs. R. K. Martin.

Mr. and Mrs. R. W. Covington spent Saturday, January 24, with Mr. and Mrs. C. S. Ronser.

Billy Inge has returned home from the hospital, and is getting along nicely.

Mr. and Mrs. R. D. Sears left Sunday for Georgia, where Mr. Sears has been called for service.

Mrs. H. C. Wheeler, Mrs. Warren Perkinson and daughter, Anne, called by to see Mrs. J. T. Hix Friday afternoon.

Mr. and Mrs. R. K. Martin attended the showing of "The Vanishing Virginian" in Lynchburg.

Mr. and Mrs. Herbert Gilliam, Mrs. Lillian Gilliam and Mr. and Mrs. Myrtle Glenn, of Roanoke, spent the week-end with Mrs. Mollie Glenn.

Mr. and Mrs. A. R. Harwood, of Appomattox called to see Mr. and Mrs. Wilson Hix, Mrs. J. T. Hix, Mr. and Mrs. E. P. Sears and their families Sunday P. M.

Mrs. J. R. Marshall, Mrs. C. B. Carson and son were business visitors in Prospect Friday afternoon.

Mrs. N. S. Topping and Mrs. J. T. Hix attended the W. M. U. conference at Bethel church Tuesday.

Mrs. Wilson Hix went to New York yesterday.

Mr and Mrs. R. K. Martin had as their supper guests Sunday, January 18, Mr. and Mrs. R. W. Covington and family, and Mr. and Mrs. E. C. Rogers. Miss Lucy Adams of Farmville called in the home in the afternoon, en route to see Mr. and Mrs. E. K. Martin, of near Gladstone.

Trade in Appomattox.

Appomattox needs boosters.

Phone 30 with Personals.

Buy Defense Bonds and Stamps.

Local War Fund Red Cross drive goes "over the top."

Stonewall Items By Reporter

Stonewall, Feb. 2.- The Y. W. A. of Hebron Baptist church met with Miss Edna Adcock in the home of Mrs. P. B. Stratton Friday evening.

After the business meeting, end program, the hostess served refreshments. The February meeting will be held at Miss Louise Turnes'.

Mr. and Mrs. Hugh Basford, of Natural Bridge spent the week-end with her parents, Mr and Mrs. John Burnette.

Thomas Jennings, of the University of Richmond spent a part of last week with his parents, Mr. and Mrs. G. P. Jennings.

Mrs. S. E. Anderson and daughter, Mrs. R. D. Gunter, and Mr. and Mrs. John Smith visited Miss Lizzie Rice in Richmond last week.

Mrs. W. R. Jobe and Mr. and Mrs. W. R. Jobe, Jr., of Gladstone, spent Sunday with Mr. and Mrs. O. R. Turnes.

Mrs. C. D. Carson is improving at her home here after a recent illness.

Sarah Irving, daughter of the Rev. and Mrs. W. A. Irving, has returned to her home here after an operation at the Virginia Baptist hospital.

The Stonewall home defonstration club met with Mrs. S. E. Anderson Thursday afternoon. A demonstration on Step Saving Kitchens was given by the agent, Mrs. B. G. Anderson.

Mr. P. B. Stratton is ill at her home here.

Miss Louise Turnes spent the week-end with Mrs. S. H. Thomas, at Gladstone.

Mr. and Mrs. Leland Johnson, of Matthews C. H., visited Mr. and Mrs. O. R. Turnes last week.

Rev. W. W. Pippin, Jr., of Petersburg spent several days in the home of S. E. Anderson last week.

Miss Doris Caldwell, of Naruna, spent the week-end here.

Mr. and Mrs. John Smith, of Lynchburg spent Sunday with her parents, Mr. and Mrs. S. E. Anderson.

S. C. A. COUNTY COUNCIL MET AT PAMPLIN H. S.

The Pamplin S. C. A. officers and sponsors attended a county meeting of the S. C. A., which was held in the Appomattox county library on Tuesday, January 20th. The next meeting will be held at the Pamplin high school.

—Reporter, Barbara Hix.

J. C. Hudgins
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CIVICS CLUB

Section A of the Senior Civics Club of Appomattox high school met Friday, January 30. The president of the club appointed James Goin, Charles Terrence and Helen Smith to select a flower, motto and name and song for the club.

The program committee presented a very interesting program. Those participating were: Dot Buchanan, Christine Burke, Esther Childress, and Evelyn Jones, Joe Marshall, Ray Ferguson, Earl Gowin and Duguid Patterson.

The next meeting of the club will be held February 13th.

—Laura McFadden, reporter.

Singapore under seige.

Roosevelt to speak at Democratic dinner in Washington February 22.

Town council met Monday night.

Renew your subscription.

Federal tax stamp now required on all automobiles in use.

Liberty Chapel

Liberty Chapel, Feb. 2.- How is this for "Ground Hog Day"? Guess he saw his shadow, but what assistance can that be in the defense program?

Mrs. B. G. Anderson, John Harrison and Dewitt Evans passed through Vera community today making plans for defense organization. May each family see fit to help in this timely cause, and protect our freedom.

Carter Martin, who has been in military training for several months has been spending a few days with his home people and friends in the county, much to their delight.

Mr. and Mrs. Lyle Garrette, of Concord and Miss Christine Garrette of Courtland, were dinner guests of their mother, Sunday.

Miss Rachel Coleman was a week-end guest of Misses Kathleen and Lucile Coleman.

Mrs. W. T. Gunter hasn't been well for several days.

Friends in this community of Mr. T. Burge Moore are glad to hear of his improvement after a lengthy illness.

Dig deep. Strike hard. Our boys need the planes, ships, and guns which your money will help to buy.

Go to your bank, post office, or savings and loan association. Tell them you want to buy Defense Bonds regularly, starting now.

You Must Have Vitamins A and D

You must have Vitamin A as an aid in protection against infections which are more likely to occur in the nose, throat, eyes, ears and sinuses, when there is a deficiency of this vitamin.

You need Vitamin D to help the body make proper use of the calcium and phosphorus in your diet.

If you are not getting enough of these two important vitamins, A PENNY A DAY will insure adequate intake, if you take

ONE A DAY
VITAMIN A AND D TABLETS
30 tablets 35¢ 90 tablets 85¢
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First American soldiers arrive in North Ireland.

Renew your subscription.

Phone 30 with Personals.

Congress passes price control bill.

Seek fund for rural libraries.

Wesley Chapel

Wesley Chapel, Feb. 3.- There will be services at Wesley Chapel Sunday afternoon at 3 o'clock.

The W. M. U. Circle No. 1, of Central Baptist church will meet this Wednesday afternoon at 1:30, in the home of Mrs. H. H. Harvey.

Make your tires last!

HERE'S HOW YOUR ESSO DEALER WILL HELP YOU GET EXTRA MILEAGE

Switch Wheels Every 3,000 to 5,000 Miles—Don't let your spare go to waste. Your Esso Dealer will change all tires periodically as shown in the diagram above. The charge is trifling compared with the additional mileage.

Keep Tires Properly Inflated — Air standards at your Esso Dealer's are checked for accuracy — important today when a difference of a pound or two is vital. Properly inflated tires go more miles and last longer.

Drive Moderately — At 30 miles per hour, tires last twice as long as at 50.

Check Regularly — Let your Esso Dealer check your tire pressures every week. Most motorists used to neglect this for indefinite periods. Now it is urgent that they learn not only to watch tires, but to retard wear of every possible part. Learn to rely on your Esso Dealer for help.

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